

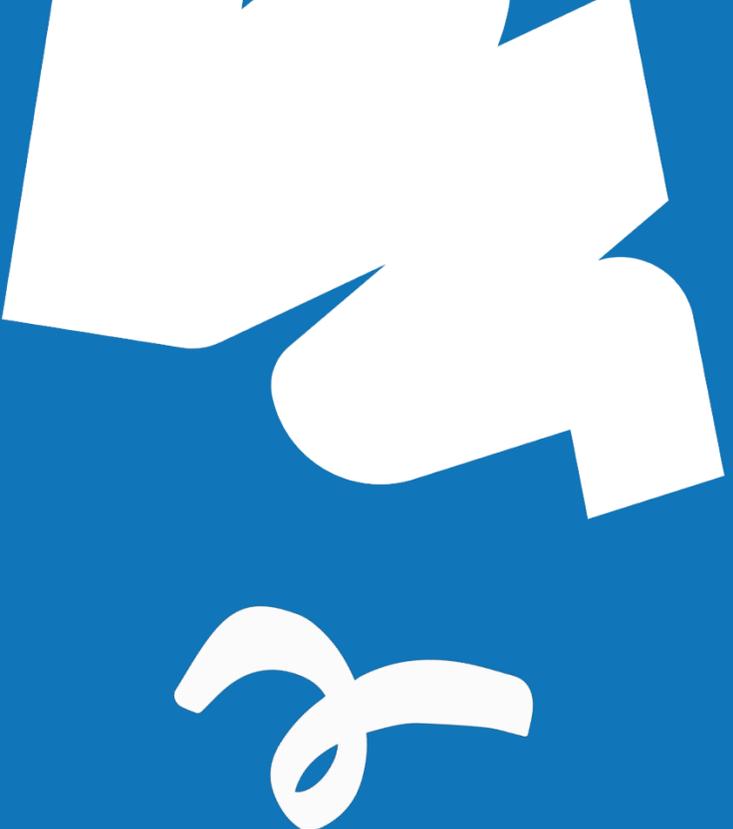
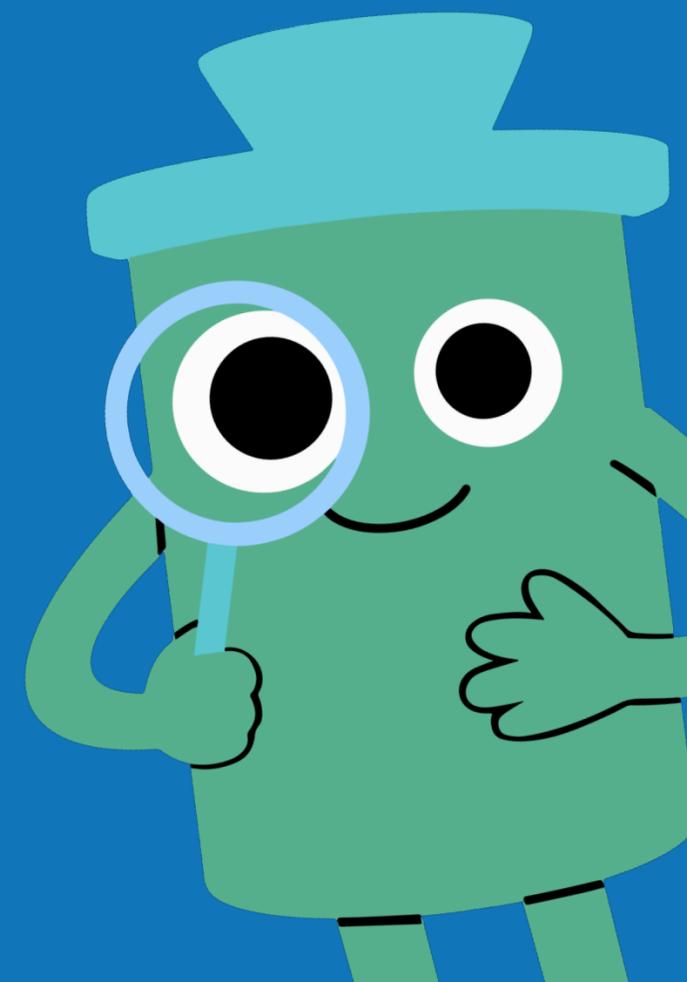


The

App Trap!

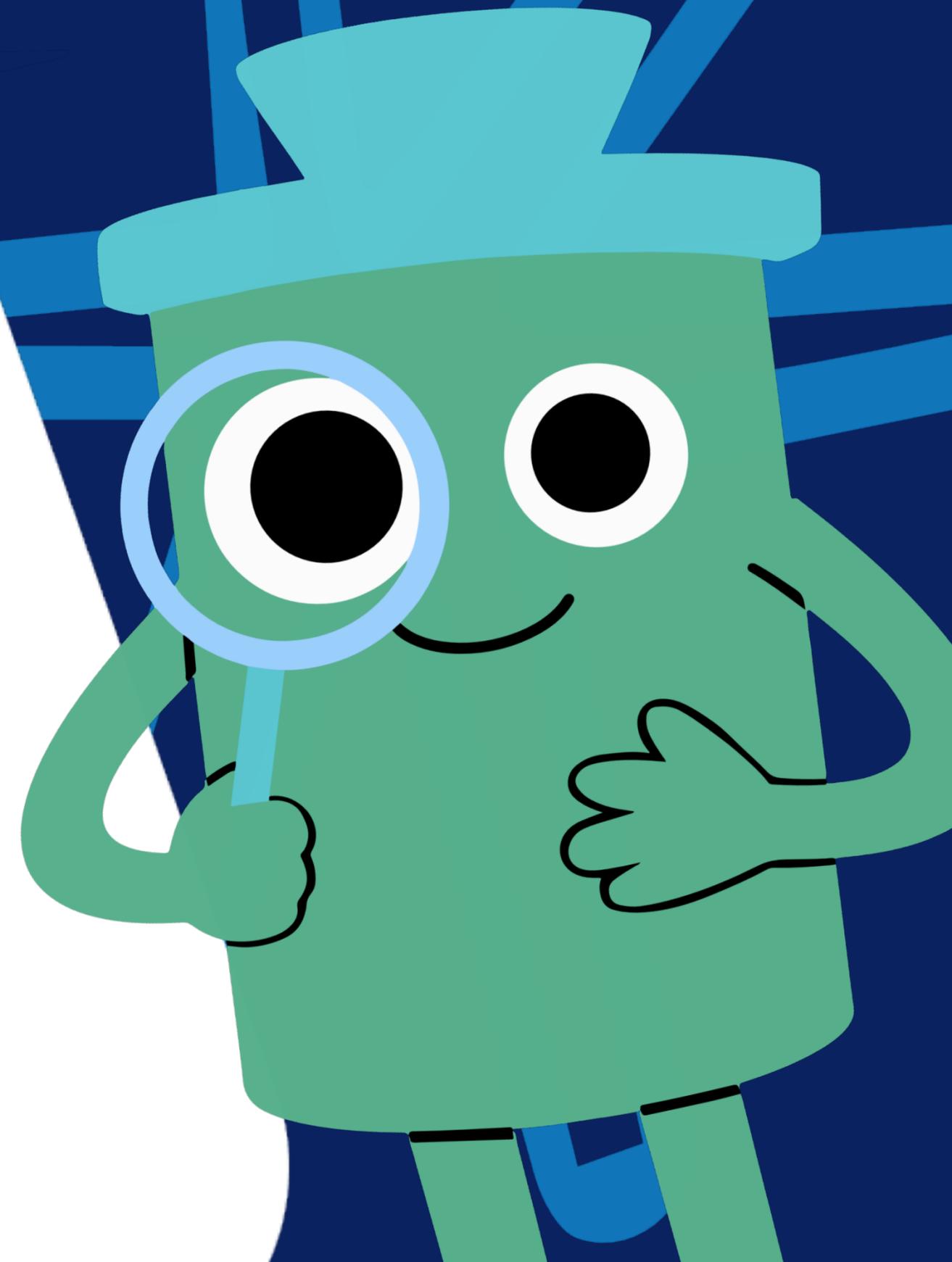
JR.

LEARN
ABOUT YOUR
BRAIN



TODAY WE WILL LEARN

- 1** How your brain develops.
- 2** How to keep your brain healthy.
- 3** How apps can affect your brain.
- 4** How to stay safe online.



YOUR AMAZING BRAIN!



WHERE?

WHAT?

HOW?

Your brain helps you

think

and

remember...



and name what you

see and

hear



It lets you move your body, and

feel

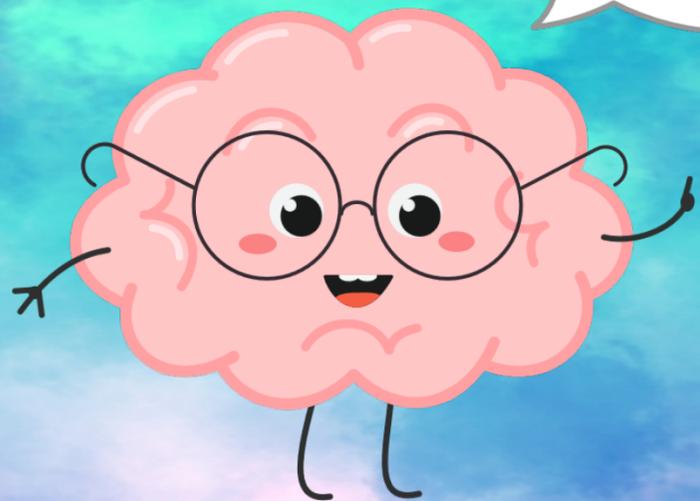
-both touch and emotions!

Your brain does all the things that make you

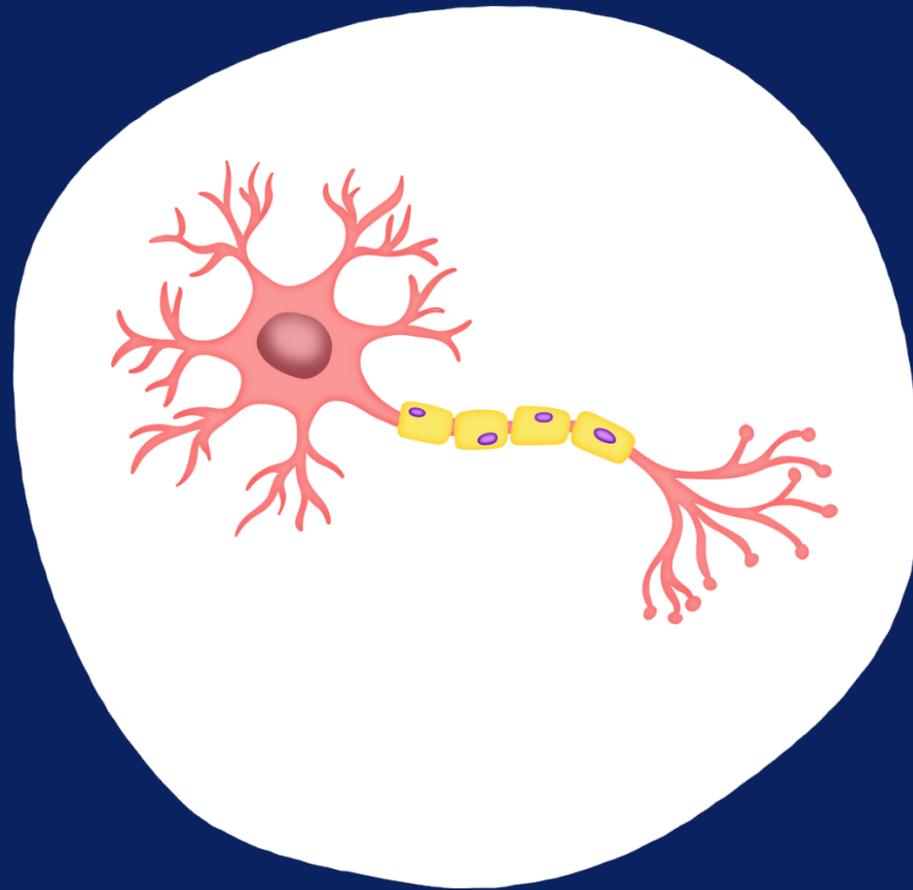
YOU!



She's so
unique!



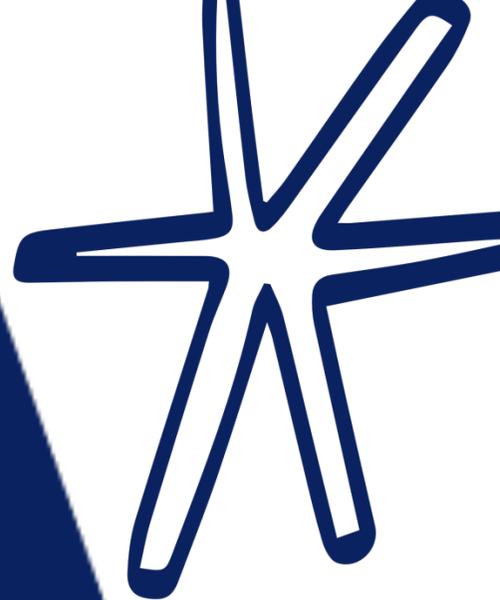
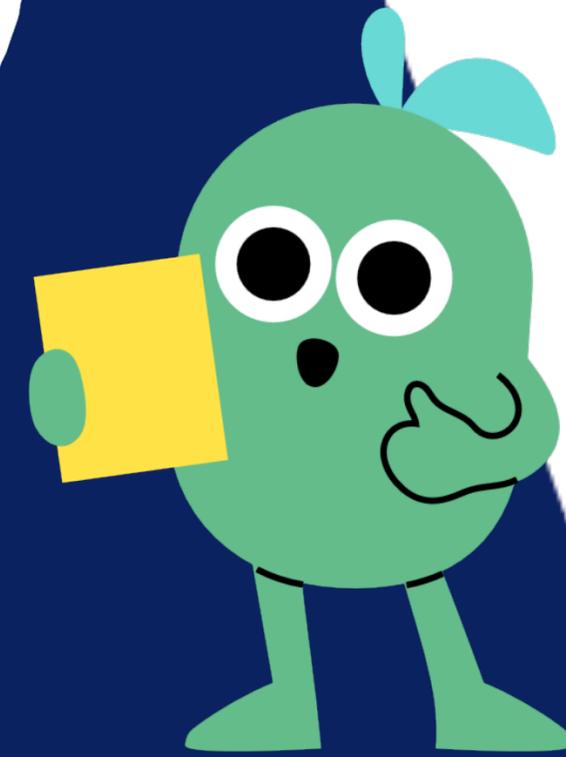
How the brain develops

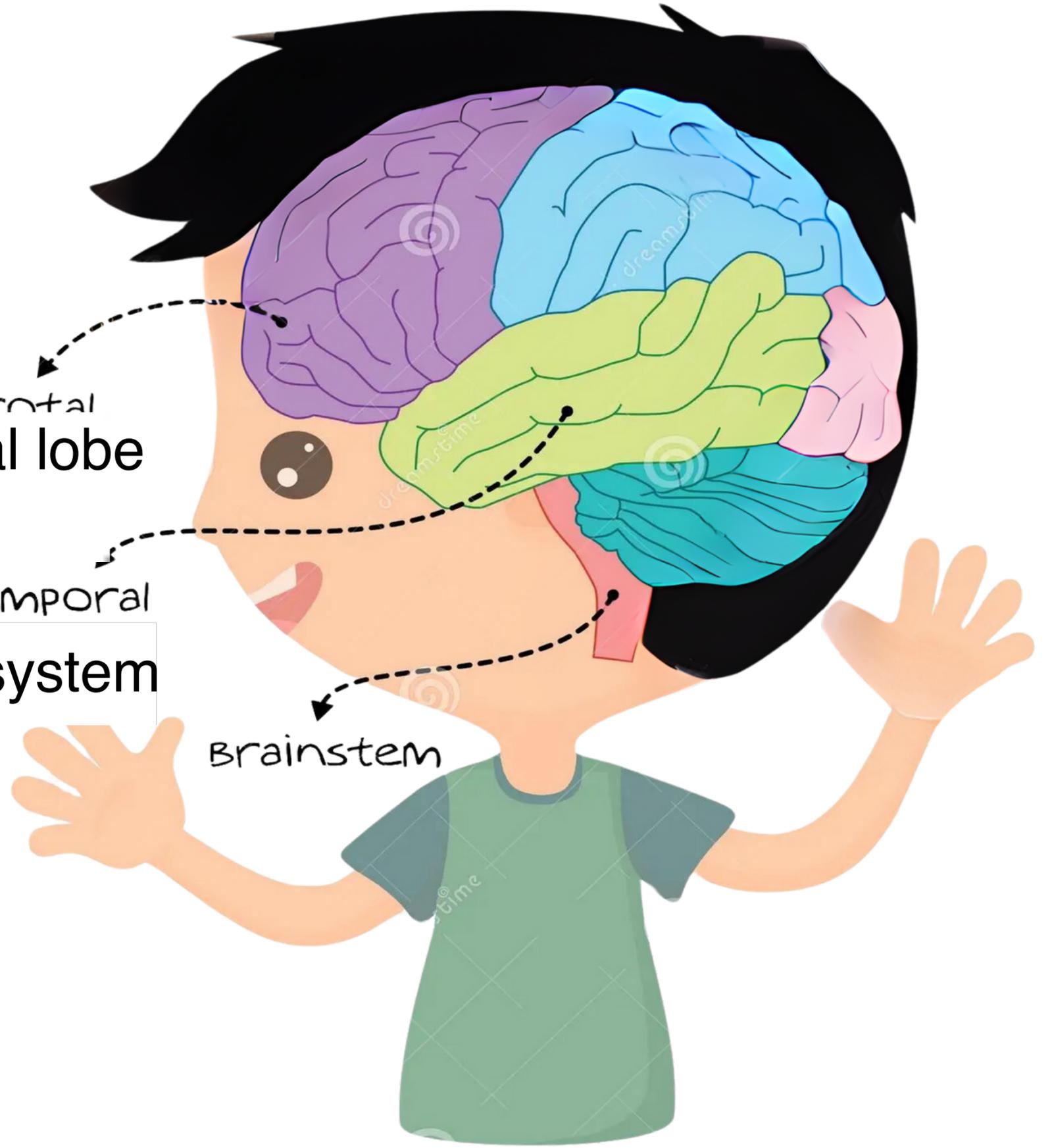
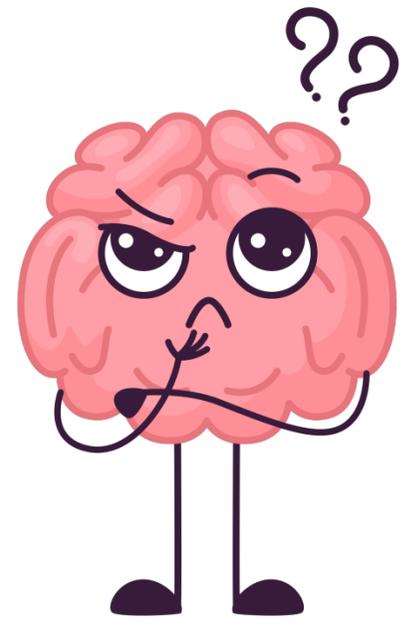


A brain cell



Your brain!



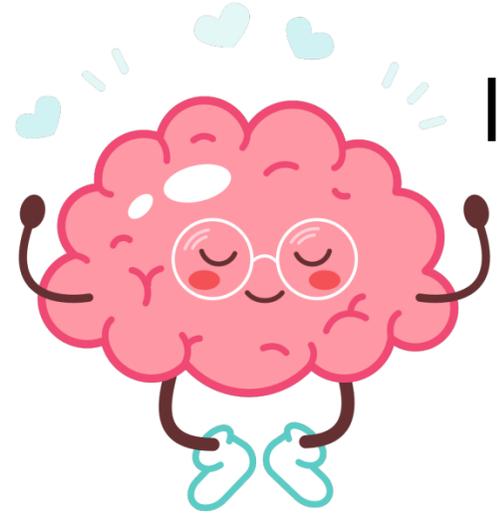


frontal
frontal lobe

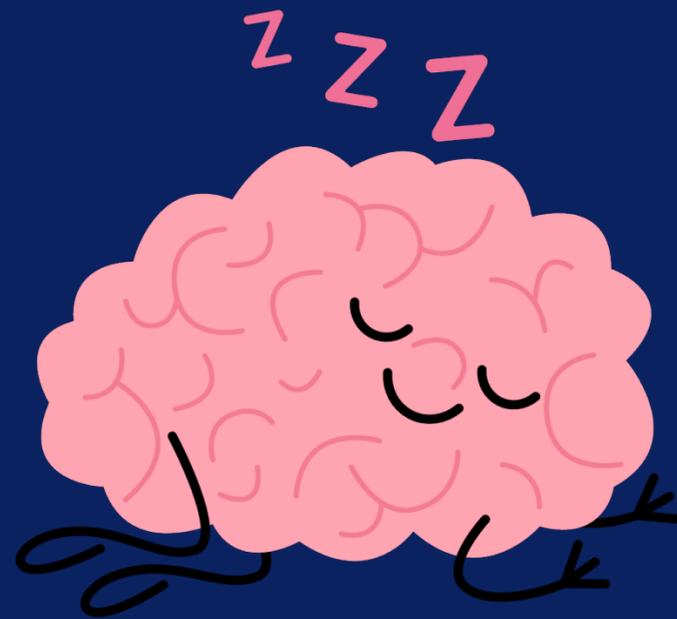
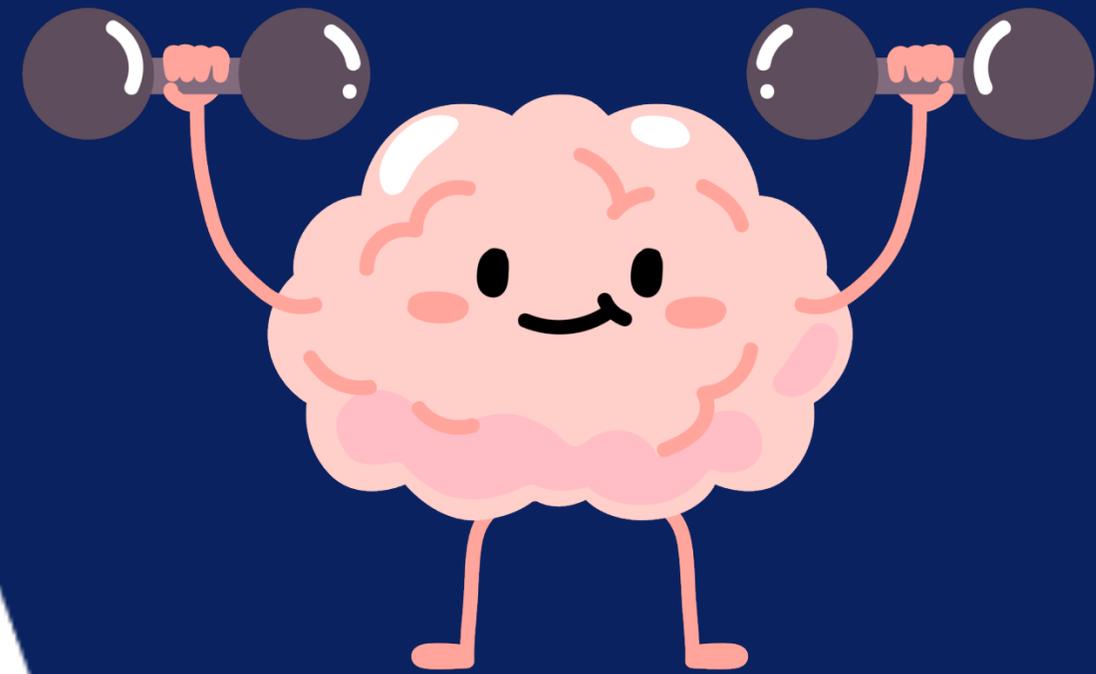
temporal

limbic system

Brainstem



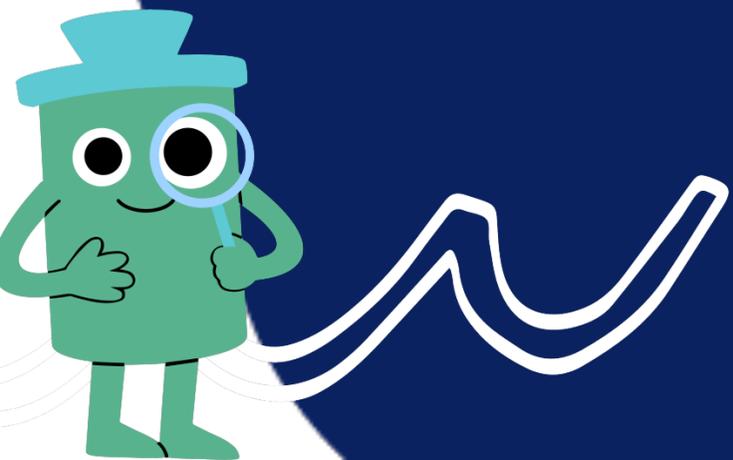
Healthy Brains



USE IT!

rest

BALANCED



THE APP TRAP



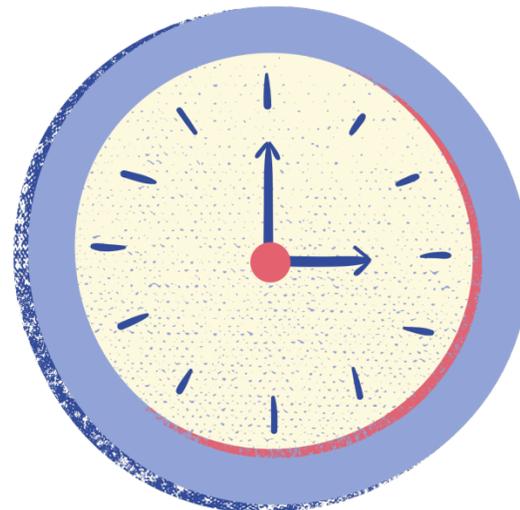
PROTECT

your growing brain!

Tell a grown up if you see something that makes you feel upset, uncomfortable or scared.

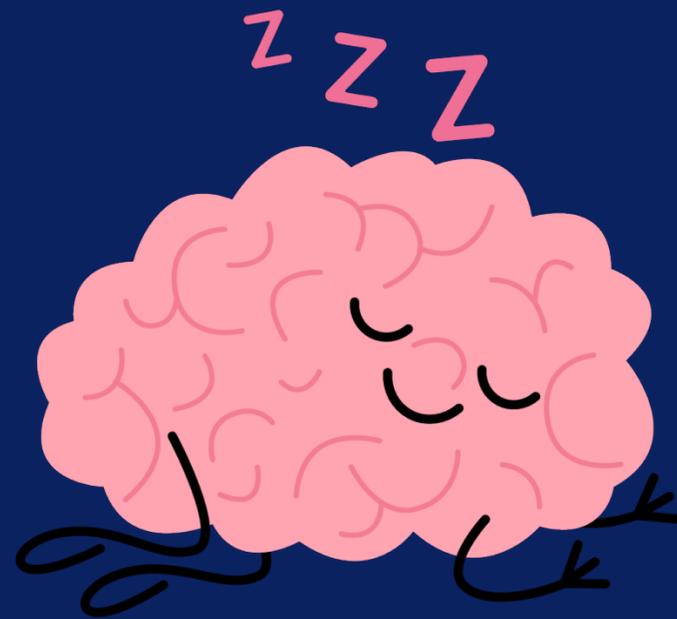
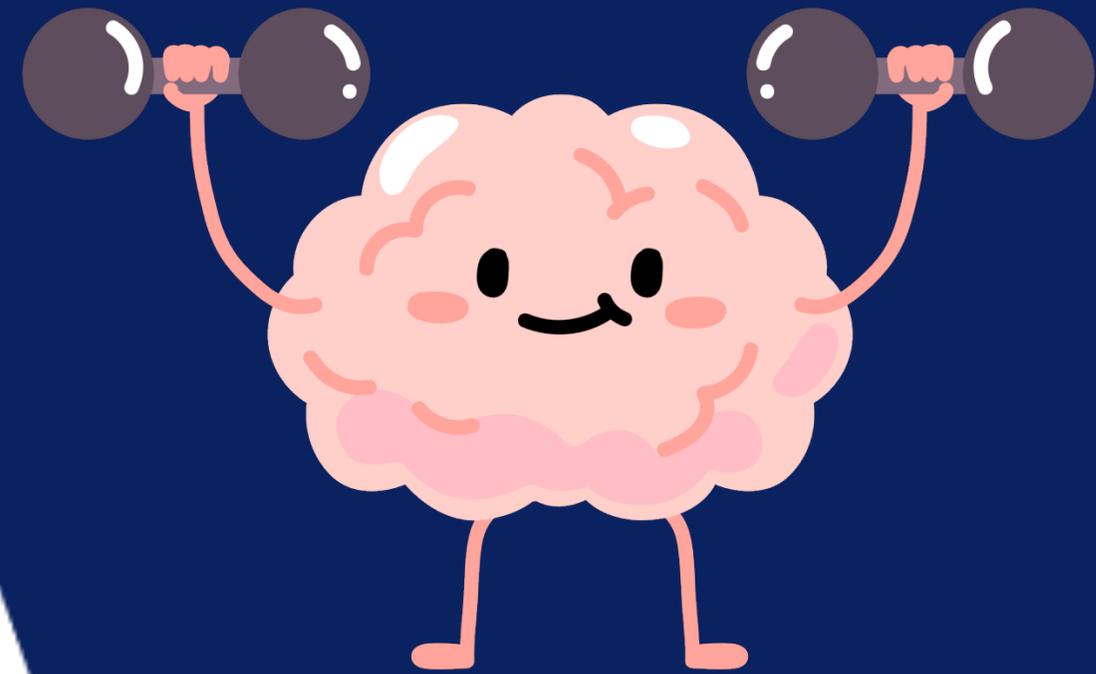


Never share anything about yourself online or in a game.



Balance your time between screens and offline activities!

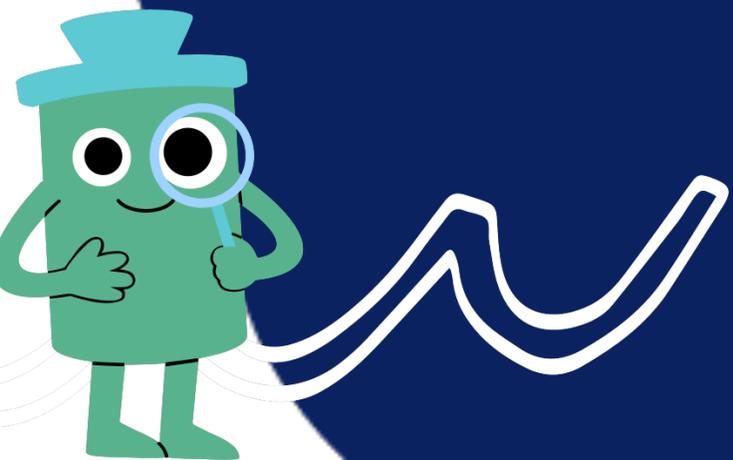
Healthy Brains



USE IT!

rest

BALANCED



YOUR AMAZING BRAIN!



WHERE?

WHAT?

HOW?